

Kelly Bensimon, 53, frolics on the beach while showing off her washboard abs in sultry Instagram r

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Kelly Bensimon, 53, warmed up her Instagram followers by posting a sizzling hot new Instagram reel where she proudly showed off her washboard abs.

Known for her avid love of fitness and exercise, Kelly happily flaunted her impressive body by lounging on the beach in a skimpy white bikini top and unbuttoned jeans.

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