

Lisa Snowdon, 49, shows off her incredible bikini body as she strips off to get a spray tan

24/08/2021 19:29 by admin

Lisa Snowdon wowed fans as she showed off her incredible bikini body while stripping off to get a spray tan.

The 49-year-old TV presenter was all smiles as she live-streamed a tanning session on her Instagram page.

Lisa Snowdon showed off her incredible bikini body during an Instagram Live

The TV presenter was joined by body artist Amanda Harrington

Lisa wore a mismatched string bikini as she welcomed viewers into her plush bathroom for the session.

The model also had her long brunette hair slicked back in a high pony tail.

She was joined by body artist Amanda Harrington, who set to work transforming her skin.

Clearly enthusiastic about the process, Lisa raved about the products declaring she was a "fan" and had used "the tan for so many red carpet events".

She went on to admit she was "obsessed" with the finished look.

Sharing the video on her main Instagram page, she added: "This tan boosts my confidence, elongates the limbs, covers a multitude of sins and leaves me golden and glowing!

It comes as Lisa said she plans to "embrace" signs of ageing before her 50th birthday next year and not get Botox.

"It's down to the individual if they want to go down that route but I think there are other things you can do to improve the tone and texture of your skin with slightly less downtime," she told the Daily Mail.

"It's about skin health and not about eradicating lines it's about softening them and hydrating them and working with good ingredients to feed the skin."

And Lisa, who is currently engaged to George Smart, is no stranger to sharing her body care routines online.

'BOOSTS CONFIDENCE'

She previously stripped down to her swimwear as she told fans how to dry brush their bodied for a tingy detox.

Displaying her curves and glowing skin Lisa stepped into the shower to go through the process.

"Quick and easy early morning routine to get your skin tingling and body buzzing!!" she told fans.

She then recommended they use a dry brush on their skin in sweeping motions towards their heart to help detox their bodies.

The model often shares her body care routines on social media

The star recently reflected on her approaching 50th

- The Sun