

**Nadia Sawalha hoists up her boobs with PARCEL TAPE to look like Kim Kardashian - and is thrilled**

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LOOSE Women star Nadia Sawalha has invented a genius hack that will save you spending Â£36 on Kim Kardashain's boob tape - parcel tape. Nadia, 55, took to Instagram to share a brilliant video of her attempting to lift her boobs using the everyday household item, after revealing she had been on the waiting list for Kim's tape for "ages".

"That is the Kim Kardashian boob tape," she said, watching Kim's tutorial.

"I have been on the waiting list for ages and I need something as a stop gap until it arrives because to be honest... the boobs are hanging low."

She added: "So I had a nifty little idea. I am using common every day gaffer tape, under the breast and over the nipple."

Although Nadia called it gaffer tape, it was in fact parcel tape she used.

Nadia then gave a demonstration of applying the tape to lift the boobs, concluding: "So guys, you too can save yourself Â£3.

"And you don't have to wait on the waiting list anymore."

Kim's trick was first revealed in 2016 when she took to Twitter to reveal her secrets.

She discovered the hack while on modelling sets but gaffer tape is not meant to be used on bodies, and she acknowledged it was painful to remove.

- The Sun